भारतीय जन स्वास्थ्य प्रतिष्ठान





# **Public Health Foundation of India**

Public Health Foundation of India (PHFI) was conceptualized as a fitting response to limited institutional capacity in India for strengthening training, research and policy development in the area of Public Health. PHFI was launched as a large scale, autonomously governed public private initiative on March 28, 2006 at New Delhi. Structured as an independent foundation, PHFI adopts a broad, integrative approach to public health, tailoring its efforts to Indian conditions and bearing relevance to countries facing similar challenges and concerns. One of the core mandates of PHFI is to institutionalize public health by creating Indian Institutes of Public Health (IIPHs) across the country. Since inception, 5 institutes have been operationalized, one each in Gandhinagar (Gujarat), Hyderabad (Telangana), Delhi -NCR, Bhubaneswar (Odisha), Shillong (Meghalaya), one with an ancillary centre at Bengaluru (Karnataka). These institutes offer various on campus and eLearning programs and training in various public health domains and are engaged in program and policy relevant research.

# **PHFI Centre for eLearning**

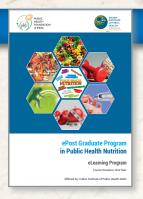
PHFI through its capacity building initiatives is trying to develop a critical mass of public health professionals who can skillfully assess the dimensions of public health issues, determine appropriate strategies to meet emerging challenges and apply such knowledge to improve the health systems, empower public health programs and influence policy decisions. In an endeavour to reach out to public health professionals and eager enthusiasts, PHFI established the PHFI Centre for eLearning in the year 2011 to offer online programs across key areas of public health. The PHFI Centre for eLearning promotes and provides quality education in an engaging, flexible and self-paced blended format through the latest learning technologies. The eLearning programs include ePost graduate programs and eCourses.

Programs offered through eLearning*					
1.	ePost Graduate Program in Public Health Nutrition	11. eCourse in Clinical Research Methods			
2.	ePost Graduate Program in Epidemiology	12. eCourse in Maternal, Infant, Young Child and Adolescent Nutrition (MIYCAN)			
3.	ePost Graduate Program in Management of Reproductive & Child Health Programmes	13. eCourse on Tobacco Control			
4.	ePost Graduate Program in Public Health & Hospital Management for Nursing & Allied Health Professionals	14. eCourse in Health, Safety & Environment Management			
5.	ePost Graduate Program in Public Health Services Management	15. eCourse in Effective Grant Writing in Public Health			
6.	ePost Graduate Program in Health Economics, Health Care Financing and Policy	16. eCourse in Systematic Review & Meta-Analysis			
7.	ePost Graduate Program in Health Promotion	17. eCourse in Basic Dermatology			
8.	eCourse in Research Methodology	18. eCourse in Career Development in Public Health			
9.	eCourse on Monitoring & Evaluation of Health Programs	19. eCourse in Digital Health: Principles and Practice			
10	. eCourse in Advanced Hospital Management	20. eCourse on Non-Communicable Diseases			

<sup>\*</sup>PHFI is a registered society under Societies Registration Act, 1860. This Act formally recognizes and enables the societies set up for the purpose of imparting education and diffusion of useful knowledge to function within a legal framework.

# Who can join our courses?

- Graduates/ post-graduates in medicine, AYUSH, dental, nursing, pharmacy, health sciences, physiotherapy, occupational therapy, natural/ life sciences, management, social sciences, social work or any equivalent qualification.
- Applicants currently engaged in public health related activities such as health professionals working with directorates of health services, central and state governments, officials engaged in health services at national, state and district level government institutions.
- Applicants engaged in health services with National Health Mission, Ayushmaan Bharat and other national health programmes.



# **ePost Graduate Program in Public Health Nutrition**

# **BACKGROUND**

Population based approaches have been the mainstay of research in the field of nutrition for decades. However, in an age of

growing health consciousness and fitness, public health nutrition workforce development is increasingly becoming a global focus. The ePost Graduate Program in Public Health Nutrition was launched in an effort to provide direction to nutrition research in the country, and with the objective of contributing towards training future leaders in the field of nutrition.

# **AIMS & OBJECTIVES**

Designed as a one year ePost graduate program, the course aims to provide comprehensive training in

public health nutrition in a global setting coupled with an exposure to a number of topics and in a range of contexts.

# **COURSE OUTLINE**

The course holistically covers dietary, epidemiological, public health, social and biological aspects of nutritional science. Special topics include biostatistics, maternal and child nutrition, food policy, nutrition program planning, monitoring and evaluation and nutritional epidemiology. This course is particularly suitable for people whose employment overlaps the nutritional area such as program managers, health care workers, medical practitioners, dieticians, pharmacists, nurses, health educators and teachers. This course is also open for those who wish to avail themselves of contemporary ideas in human nutrition.



# **ePost Graduate Program in Epidemiology**

# **BACKGROUND**

Epidemiology is a cornerstone discipline in public health. The capacity building of a critical mass of public health professionals and epidemiologists is essential to

skilfully assess the dimensions of public health issues, determine appropriate strategies to meet emerging challenges and apply such knowledge to improve the health of the people by empowering public health programs and influencing policy decisions in the health and allied sectors. This eLearning program is particularly suited for healthcare professionals already working with health system and engaged in delivery of health services but have limited access to higher education because of personal or professional reasons.

#### **AIMS & OBJECTIVES**

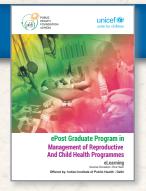
Designed as a one year ePost graduate program, it aims

to build a pool of trained public health professionals with a special focus on application of epidemiology in public health.

### **COURSE OUTLINE**

The curriculum would cover the broad content areas in epidemiology including basic principles of epidemiology and concepts involved in population research, basic statistical principles and statistical methods for epidemiological research, practical aspects of the design and conduct of an epidemiological study, epidemiological perspective on burden of communicable diseases and practical application of epidemiological methods for specific diseases, burden of non-communicable diseases with special emphasis on cardiovascular diseases and cancers and strategies for their prevention and control and skills of scientific paper writing, reviewing and critiquing.

Only Indian Nationals are eligible to apply for this program.



# ePost Graduate Program in Management of Reproductive and Child Health Programmes

### **BACKGROUND**

Reproductive and Child Health remains a major thrust of National Health Mission of India. However, improvement in the status of reproductive

and child health is slow. RCH programs are also increasing in their complexity due to increased basket of services and increasing resources. There is therefore a growing need for Program Managers at state and district Program Management Units to have the requisite knowledge and skills to effectively manage the RCH programs

#### **AIMS & OBJECTIVES**

The course aims to develop an in-depth understanding of technical and programmatic issues related to reproductive and child health programs. It also intends to strengthen the capacity to plan, manage and monitor RCH programs at the state and district level.

#### **COURSE OUTLINE**

The course broadly covers the Fundamentals of program management, Operational Research for RCH Programs, Overview of Maternal Health, Child Health and Immunization Programs in India and their management, Nutrition in Reproductive and Child Health and Communication and Advocacy for RCH programs.



# ePost Graduate Program in Public Health and Hospital Management for Nursing and Allied Health Professionals

## **BACKGROUND**

The course is designed to fulfil the unmet needs in nursing and allied health professionals and to motivate them to explore the field of public

health as a career option; to develop administrative and research skills and to promote personal and professional growth with additional management learning and prove their worth in their work place.

# **AIMS & OBJECTIVES**

The objective of this course is to provide an opportunity to students and in-service nursing and allied health professionals in public and private bodies to assist them to upgrade their knowledge and skills in responding to the changing health needs of society. The course will motivate them to enter the field of public health, to develop administrative and research skills and to promote personal and professional growth.

# **COURSE OUTLINE**

The course comprises of eight modules namely - Basics of Epidemiology & Basics of Biostatistics, Legal aspects related to Hospital Services, Hospital Operations & Quality Management in Hospitals, Emerging Public Health issues and Role of Hospitals and Allied Health Professionals, Program Management and Evaluation, Introduction to Research and its Utilization of in Nursing and Allied Health Practice, developing case studies / problem solving/ term paper/ working papers/ contact program.

# PUBLIC HEALTH FOUNDATIO

# BACKGROUND

# **AIMS & OBJECTIVES**

ePost Graduate Program in Public Health Services Management

- Public Health system is the principal means to deliver and contribute to policy goals it is the system that actually finances,
- and monitors health services.
- India faces many public health challenges today but

the biggest public health challenge plaguing India is

health issues, analyze various health system models and policies, and health seeking pattern and behavior of individuals and communities. 2. To develop capacity in planning, implementing, monitoring and evaluating health service delivery

the paucity of well-trained public health workforce. This one year course is in response to enhance the capacities of public health functionaries across all levels for timely, reliable, efficient, effective and quality public health service delivery. Hence this program is specially designed for potential public health managers working government public health system as well as community based organization and national and

international NGOs to impart the knowledge and skills

necessary to optimize public health service delivery.

# **COURSE OUTLINE**

delivery

There are 10 modules spread over one year. The course broadly covers the following core areas: Overview of public health, health systems and policy, basics of epidemiology & biostatistics, public health service delivery systems, human resource management, health economics, research and operational research and project management.

1. To develop in depth understanding of public

through various approaches and methods for

effective and efficient public health service



# ePost Graduate Program in Health Economics, Health Care Financing and Policy

### **BACKGROUND**

The course is first of its kind in India premised on the belief that enhanced understanding and knowledge of health economics and its approaches

and techniques will be beneficial for the working professionals. It covers health systems research and health policy analysis is pivotal for efficient and effective utilization of resources.

policy in public health. It will provide a fundamental understanding of key issues in health economics, health care financing, pharmaceutical economics, and economic evaluation for public health practice for informed decision making and implementation.

# **AIMS & OBJECTIVES**

The overall goal of this course is to increase appreciation of role of health economics, health care financing and

#### **COURSE OUTLINE**

The one year course content includes modules introducing public health and policy, basic research methods in health, epidemiology, microeconomic theory, health economics, and indepth modules on concepts and applications of economic evaluation, health care financing, health policy, health system and pharmaceutical economics.



# **ePost Graduate Program in Health Promotion**

# **BACKGROUND**

Health promotion is ePost Graduate Program in Health Promotion aims to build the capacity of the participants to enhance their skills and proficiency in designing and

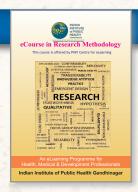
implementing health promotion interventions and programmes. This course has been designed to suit the needs of students wishing to gain employment in health promotion, public health, community development, program delivery, research and evaluation or to cater to those who want to upgrade their knowledge in public health field.

# **AIMS & OBJECTIVES**

This one year ePost graduate program aims to build the capacity of the participants to enhance their skills and proficiency in designing and implementing health promotion programs and interventions.

# **COURSE OUTLINE**

The programme has 4 Core Modules and 1 Elective Module. The core modules include: 1) Basic Public Health Skills; 2) Theories of Health Promotion; 3) Planning, Developing and Implementing Health Promotion; 4) Evaluation in Health Promotion. Students can also choose one of the electives out of Oral Health Promotion, Maternal and Child Health, Prevention and Control of NCDs and Tobacco Control depending on their areas of interest. It will enable students to identify the determinants and develop strategies and interventions in these key areas based on the theories of health promotion.



# eCourse in Research Methodology

# **BACKGROUND**

This course, developed by Indian Institute of Public Health- Gandhinagar aims to build the research capacities of young professionals and researchers from the fields

of public health, development, medicine and allied sectors to foster a spirit of critical enquiry. eProgram in Research Methodology (CRM) is designed as a sixmonth eLearning program for health, medical and development professionals.

# **AIMS & OBJECTIVES**

This course aims to support health, medical, management and social science students and research

scholars involved in research as part of their academic requirements or professional engagement. It also intends to meet the needs of researchers who are in the process of developing their research proposals, acquiring skills of data collection, analysing their data, and those aiming to get their studies written and published.

# **COURSE OUTLINE**

This comprehensive course would cover the following five broad areas: Introduction to Research Methods, Qualitative Research Methods, Quantitative Research Methods, Data Analysis and Presentation of data and Writing & Managing Research.



# eCourse on Monitoring & Evaluation of Health Programs

# **BACKGROUND**

Policymakers, program staff and researchers face many questions related to the monitoring and evaluation (M&E) of public health programs in developing

countries. M&E skills provide answer to these questions and are crucial to the successful implementation, design and tracking of program progress and impact of public health programs. In order to strengthen the capacity of public health professionals actively engaged in the health sector, PHFI offers an eCourse on Monitoring and Evaluation of Health Programs.

# **AIMS & OBJECTIVES**

The course aims to strengthen the capacity and update current knowledge about monitoring & evaluation of professionals working in the field of public health globally.

# **COURSE OUTLINE**

The course covers broad content areas of Monitoring and Evaluation including:

Introduction to M&E, Overview of M&E plans, frameworks and indicators, gender integration in M&E, information sources and systems, routine and non-routine data, data demand and information use, and evaluation designs.



# eCourse on Advanced Hospital Management

# **BACKGROUND**

Of all the constituents of a hospital framework, nursing, front office and the doctor fraternity occupy prime positions in the constantly evolving environment of both private or public health care

management setup and its health delivery. They play a variety of roles within the healthcare as Administrators, Managers and Consultants who work in a variety of settings such as hospitals, nursing homes, primary care health centres, ambulatory centres, rehabilitation facilities, and integrated health systems. This course is a collaborative course of IIPH Gandhinagar and Shalby Academy.

# **AIMS & OBJECTIVES**

The course will provide the participants to undertake leadership role in a healthcare organization and provide accelerated growth to the organization. It also aims to cover essential elements for improving hospital operations.

#### **COURSE OUTLINE**

There are 7 modules spread over 6 months duration. The participants will be given an opportunity for interaction and on-site training with consultants at Shalby hospital. The individual modules shall cover — introduction to hospital services and hospital operations management; human resource management in hospitals and quantitative model for service operations management; legal aspects related to hospital services; quality management in hospitals; effective communication for hospital industry; orientation to data for decision making and HMIS and contact programs.



# **eCourse in Clinical Research Methods**

#### **BACKGROUND**

A large pool of human resource exists in the form of researchers, public health specialists, scientists, clinicians in medical colleges/ teaching hospitals and academicians, to carry out quality research.

However, it is well known that research in India is limited both in terms of quantity and quality. There is enough evidence to support the urgent need to offer training in research methodology and help support the development of research methodology curricula on regional and national levels to advance the state of research in medical education and allied sciences. The eCourse in Clinical Research Methods is intended to support professional development through an eLearning mode that provides greater flexibility to those with constraints in time, distance, or other reasons. Further, self-paced learning using adult learning technique spread over a duration of

four months will be less intensive and more realistic for achieving educational goals.

#### **AIMS & OBJECTIVES**

The course aims to provide participants with a multi-disciplinary perspective to facilitate their skills in health research. This course will expose them to fundamental concepts and basic analytic methods to cover topics spanning from conceptualization of research idea to dissemination of research findings to fully equip them to carry out original research and report their findings.

# **COURSE OUTLINE**

The basic course structure will follow module-based learning. The entire course is divided in to four modules covering various aspects of research methodology namely - clinical research methods, basic biostatistics; ethical and regulatory considerations in research and medical writing.



# eCourse on Tobacco Control

# **BACKGROUND**

The eCourse on Tobacco Control was launched at PHFI in 2011 as a capacity-building initiative for those looking to gain a comprehensive understanding of tobacco

control issues and cessation in India. The course faculty includes several reputed national and international experts..

# **AIMS & OBJECTIVES**

This 3 month eCourse aims to build capacity of participants to improve their knowledge and

understanding of tobacco control strategies, best practices, research and tobacco cessation skills. The course also aims to enhance their skills and proficiency in designing and implementing tobacco control programmes.

# **COURSE OUTLINE**

Course content is designed with an objective to prepare participants to function effectively as tobacco control professionals. During the 12 weeks program, students will learn 8 Core modules and 3 Elective modules which they can choose from over eight different options based on their educational and professional background.



# eCourse in Maternal, Infant, Young Child and Adolescent Nutrition

# **BACKGROUND**

Undernutrition affects mothers and children alike, leading to poor health outcomes among mothers, as well as substantial morbidity

and mortality among children. Malnutrition has an intergenerational effect and can continue to be a significant scourge, if ignored. A critical component towards improving this situation is the knowledge of healthcare providers including medical practitioners, undergraduate and postgraduate students, nursing staff, nutritionists as well as all those working in the field of health and nutrition in optimal Maternal, Infant, Young Child and Adolescent Nutrition (MIYCAN) and the translation of this knowledge into practice.

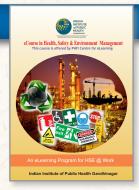
#### **AIMS & OBJECTIVES**

This course will sensitize participants on the importance of first 1000 days of life with specific emphasis on the critical importance of maternal nutrition, breastfeeding, complementary feeding, adolescent nutrition, health systems protocols and evidence based approaches for quality MIYCAN programming.

This eLearning course will cover the following topics pertaining to maternal, infant, young child and adolescent nutrition.

# **Course Outline**

Overview and importance of MIYCAN- linkages of MIYCAN with SDGs; Maternal nutrition; Infant and young child nutrition; Nutrition during adolescence; Counselling to improve the nutrition practices and; Health systems for delivering nutrition services. Undergraduate students of MBBS, BSc Nursing, BSc Nutrition and AYUSH can apply for this course.



# eCourse in Health, Safety and Environment Management

# **BACKGROUND**

A good Health Safety and Environment (HSE) management helps an organization in achieving its goal of excellence. HSE is an input rather than a by-

product for successful ventures; public or private, formal or informal. In this course, we hope to make a strong case for HSE as a tool for development rather than a cost centre alone. Emphasis and philosophy of this program is to integrate the three disciplines into a harmonious and balanced approach to achieve sustainability.

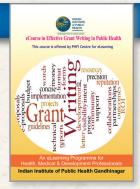
#### **AIMS & OBJECTIVES**

The aim of this three month eCourse is to introduce participants to the concepts & components of HSE and

understand HSE issues in India and globally. Broadly, it will help participants to understand important concepts and components of HSE, be aware of local and global HSE issues and their burden, be familiar with various health hazards associated with occupation, recognize and assess occupational health hazards, get familiar with basics of safety and its management at work and understand the environment impact, assessment methodology, follow statutory requirements and visualize how health, safety and environment at work interact with each other.

#### **COURSE OUTLINE**

This course will broadly cover the following core topics: Introduction to HSE concepts, Fundamentals & practice of occupational Health, Safety and Environment management and Workplace and Integrated approach to HSE.



# eCourse on Effective Grant Writing in Public Health

#### **BACKGROUND**

One of the important investments by any national or state government from a developing country such as India is to develop new or update existing public health policies and to strengthen

health system is to provide funds to eligible institutions or organizations to build evidence base. For successful grant proposal, it is important to learn basics of grant writing as it is not part of formal training of public health, social science or medicine. Learning effective grant writing also provides other benefits such as assistance in overall development of the individual/organization and team building. Grant writing is useful for academics, researchers, public health practitioners and NGOs.

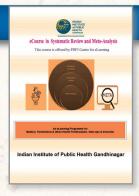
# **AIMS & OBJECTIVES**

The course will provide detailed description of how an individual/organization can successfully apply for

grants from national and international agencies. The course will provide a broad framework for participants to learn how to write a successful proposal. Course will also assist participants to learn skills to arrive at specific research/program goals within the desired time frame. The course will provide understanding of various grant writing terms, potential sources for grant writing and generic grant writing guidelines. Curriculum includes training for development of a grant proposal and concept note in a structured manner. Content of the course also provide basic understanding of developing activity based budget for grants.

# **COURSE OUTLINE**

The course will be comprise of Introduction to proposal writing and Request for Proposal; Standard elements of effective grant writing; Basics of common research designs used in grant writing; Planning and presentation of activities; managing budget and financial requirements of grants & Proposal writing/ Assignment.



# **eCourse in Systematic Review & Meta-Analysis**

# **BACKGROUND**

eCourse in Systematic Review and Meta-Analysis is a three-month eLearning program designed to cover all aspect of systematic review and meta-analysis and

will provide participants with hands-on experience with the software and practical aspect of the subject. Systematic reviews and meta-analyses are methods considered to produce highest quality of research. This analysis can offer scientifically sound and powerful alternatives that can overcome the difficulties in addressing bias, heterogeneity and quality of the studies. However, often poorly conducted systematic review and meta-analysis could yield misleading results. Therefore, various guidelines have been suggested for conducting systematic reviews and meta-analyses to help standardize the independent study findings and to improve their quality.

### **AIMS & OBJECTIVES**

The eCourse will comprise of lectures, assignments and hands-on sessions and is structured in manner to foster the discussions and brainstorming among the resourced and skilled faculty and participants around the fundamental concepts of systematic reviews and meta-analysis.

#### **Course Outline**

Following topics will be covered: Introduction to systematic review and meta-analysis and its importance in health care; Guidelines for conducting systematic review and meta-analysis; Developing a basic framework of Protocol for Systematic Review and Meta-analysis; Research hypothesis development and designing of search strategies, data extraction and data validation; Orientation and hands-on practice for commonly used softwares; and Risk of bias, quality assessment, sensitivity and subgroup analysis.



# eCourse on Basic Dermatology

# **BACKGROUND**

Health professionals and medical officers working in PHC's/ CHC's or private practice, encountering common skin diseases around 30-40% of their

total patients. Freshly passed MBBS doctors are also having limited knowledge regarding the skin diseases as they don't get much exposure to dermatology patients. Considering this facts IIPHG has prepared lectures on common skin diseases, Venereal Diseases and Leprosy.

# **AIMS & OBJECTIVES**

The aim of this course is to enhance knowledge & skills of health professionals regarding common skin diseases, Venereal Diseases and Leprosy.

# **COURSE OUTLINE**

The course broadly covers the Anatomy & organization of human skin, Functions of Skin, Appendages of Skin, Epidemiology of Skin Diseases, Scabies & Pediculosis, Bacterial, Viral, Fungal infections of Skin, Sexually transmitted infections and Syndromic Approach in STI, Leprosy, Urticaria and allergic reactions, Disorders of Keratinization, eczemas, Lichen Planus & Psoriasis, Drug Reaction and Disorders of skin colour including Vitiligo.



# eCourse in Career Development in Public Health

# **BACKGROUND**

The multidisciplinary nature of public health provides a platform for varied career options for public health graduates and professionals, which combined with their public health degree/diploma

and work experience opens many avenues. The COVID-19 pandemic created greater awareness about the importance of public health globally. A broad range of skills and knowledge are required to work in public health and these are constantly evolving over time with changing health needs. In this context, the eCourse on Career Development in Public Health is launched, which caters to the career development and job search needs of public health professionals. This course is the first of its kind in India, to guide public health aspirants and professionals to explore new career opportunities

in this field and acquire necessary skills to succeed in it.

# **AIMS & OBJECTIVES**

By the end of the course, the students will be able to develop a broad understanding of various career opportunities; and the skill sets required for these opportunities; prepare a career development, plan a resume and cover letter; prepare for interviews; plan to move towards entrepreneurship etc. and make an informed career decision.

# **COURSE OUTLINE**

It is a four-month eCourse, focusing on employment search-related skills in public health. The course has lectures from experts working in public health and provides guidance to public health aspirants/students/ professionals to explore career opportunities in public health and acquire necessary skills to succeed in it.



# eCourse in Digital Health: Principles and Practice

#### **BACKGROUND**

eCourse in Digital Health – Principles and Practice is a three-month eLearning program designed to cover the basics of the digital health ecosystem.

The course has been jointly developed by the Indian Institute of Public Health Gandhinagar (IIPHG) and subject experts. It will be delivered by a multidisciplinary team from IIPHG and experts from industries. Global health emergencies, like the COVID-19 pandemic, highlight digital health's importance in crisis management. Initiatives such as the National Digital Health Mission and Unified Health Interface aim to promote interoperability and inclusivity. Indian Institute of Public Health Gandhinagar with its expertise in multi-disciplinary science is best positioned to offer a program on digital health.

### **AIMS & OBJECTIVES**

This course will provide a comprehensive understanding of the emerging field of digital health ecosystem. It will help participants to:

- Develop proficiency in digital health technologies, enhancing their ability to navigate EHRs, telehealth platforms, and mobile apps effectively.
- Adapt to the evolving healthcare landscape by mastering digital transformation, ensuring their relevance and competence in a dynamic industry.
- Encourage to innovate using digital solutions, increasing efficiency, and optimizing healthcare delivery through technology.

# **COURSE OUTLINE**

The course covers topics such as Fundamentals of Digital Health, Product Design and Management, Product Maintenance and Sustainability, Ethical Considerations in Digital Health, Project Management Principles for Digital Health Project, Evaluation of Digital Health Interventions, Data Analytics and Visualization, Emerging Directions and Digital Health Innovations.



# eCourse on Non-Communicable Diseases

# **BACKGROUND**

In today's global health landscape, non-communicable diseases (NCDs) pose a growing yet often overlooked challenge. Unlike infectious diseases that dominate

headlines, NCDs-such as heart diseases, cancer, diabetes, and respiratory conditions undermine the health of individuals and communities worldwide. Affecting people of all ages and backgrounds, NCDs are a leading cause of death and disability. However, they are not inevitable. This eCourse provides a comprehensive understanding of NCDs, focusing on their causes, risk factors, and strategies for prevention. Through expert insights and engaging content, participants will gain the knowledge to tackle NCDs and promote healthier communities..

# **AIMS & OBJECTIVES**

This eCourse aims to equip healthcare professionals, public health practitioners, and individuals with a comprehensive understanding of non-communicable diseases (NCDs), their risk factors, and prevention strategies. Through expert insights and case studies, the course seeks to empower participants to effectively address, manage and reduce the burden of NCDs in their communities, fostering a proactive approach to health and well-being.

# **COURSE OUTLINE**

It is a three-month, self-paced course which covers topics such as the NCD Epidemic, Lifestyle Matters, Mental Health Connection, Prevention & Early Detection, Policy & Advocacy, Emerging Trends and Local Heroes...

# **TEACHING AND TRAINING METHODOLOGY**

All eLearning courses at PHFI utilizes a blended online teaching/ learning technique. The basic course structure includes a combination of interactive online computer-based sessions, online virtual lectures, assessments and recommended readings from journal articles and textbooks. Online learning sessions will be conducted by designated faculty members and students will be able to log on from their laptops/personal computers. The courses are offered using PHFI Learning Management System (LMS). The online platform will enable participants to listen to the lectures and discuss concepts. The greatest advantage of eLearning is that students can learn at their own pace.

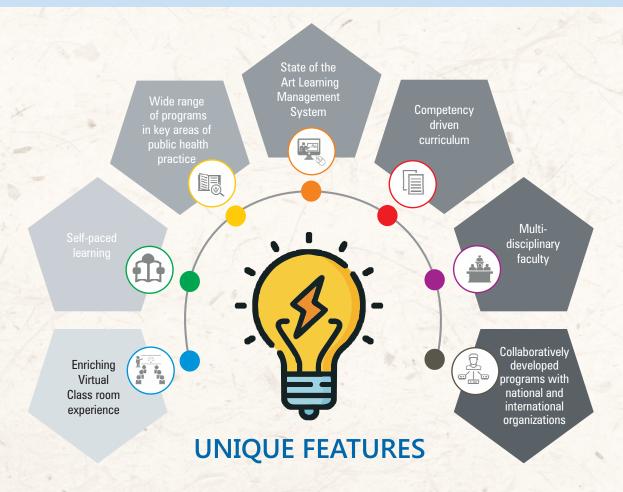
# **Course Fee Details**

Please visit our website https://cdl.phfi.org/portal/ to know about program specific fees.

# **System Requirements**

Since the course will be delivered through an online platform, the participants will be required to have access to computers with following minimum configuration:

- Processor: Intel Pentium 4 or equivalent and above
- RAM: 512 MB and above (1 GB recommended)
- Supported browsers: recent Google Chrome, recent Mozilla Firefox, Safari 6, Internet Explorer 9 (IE 10 required for drag and drop of files from outside the browser into CEL)
- Supported Operating Systems: Windows XP, Windows Vista, Windows 7 or later, Mac OS, Linux, IOS and Android etc.
- Headset with microphone (web camera optional)



# Students' Impressions - The PHFI eLearning Experience



The program helped me in understanding public health nutrition, components of public health nutrition, recent debates and global discussions. Overall satisfactory.

Ms. Ronica Devarshi, ePost Graduate Program in Public Health Nutrition Dec 2021- Nov 2022

I learn a lot from this course, especially the statistical tools. This course will improve my knowledge of Epidemiology. The experience was very good and received good support from the team.

Dr. Jitendra Sharma, ePost Graduate Program in Epidemiology Jan 2022-Dec 2022





The course was very well prepared and executed. It will add great value to my professional values as my knowledge skillset has been upgraded which I can use in the future.

Ms. Teena Anurag, eCourse in Maternal, Infant, Young Child and Adolescent Nutrition April 2023-July 2023

I think the course is up to mark, which makes future students more inquisitive. As a postgraduate student in community medicine, I get to know about future career opportunities. Course structure and faculty are satisfactory. Their experience in public health helps every postgraduate student of the community medicine department.



Mr. Prashant Khalkar

eCourse in Career Development in Public Health June-Oct 2023



I am very thankful to team PHFI for valuable study materials and lectures. The pattern of the exam is very nice and easy to attempt. In the future, I would love to do more courses from the Institute.

Mr. Sachin Gulati, ePost Graduate Program in Public Health Services Management March 2023-April 2024

I like the course modules and contents. I have little idea about health promotion. Now, I know so much about it. The course coordinator and staff were very helpful.



Mr. Syed Afroz Keramat, ePost Graduate Program in Health Promotion Dec 2022-Dec 2023



This course has helped me in my PhD research work. Overall, it was a pleasant experience, the faculty is very helpful, and the management is very efficient.

Dr. Jitendra Kaur, eCourse in Clinical Research Methods, June 2023-Oct 2023

I'm grateful that I got a chance to join this course. It has added an area of extra knowledge and expertise to my career as a dentist and I'm able to put into practice many of the things I've learnt here and have been trying to raise tobacco cessation awareness in my practice.



Dr. Ibanylla Mylliemngap eCourse on Tobacco Control, July-Sept 2023



Being a novice in this field, I was doubtful whether this course would be helpful. The course has provided clarity on how to conduct monitoring and evaluation of a program. The course module was well-planned. It was also delivered efficiently.

Dr. Athira Satisan, eCourse on Monitoring & Evaluation of Health Programs, Jan 2023-June 2023

The course was helpful for me as I am already working in the hospital in administration. Knowledge delivered during the course is very relevant in the field. This course not only gave me detailed information about the hospital set-up and administration, but it also gave me confidence.



Dr. Sunita Managutti, eCourse in Advanced Hospital Management (ACPHM), July-Dec 2022



The faculty's knowledge was immense and useful. The teaching material used was good and was highly interactive. Every lecture was top-notch and was highly useful. It is a must-join course for everyone to benefit from legendary lecturers.

Mr. Sakhtivelraj Subramanian eCourse in Health, Safety & Environment Management, Sep-Dec 2022

It was good learning. I understood the subject in a detailed manner, lectures were thoroughly formulated and contented. Thank you so much to everyone associated with the eLearning program in dermatology..



Dr. Farah Asif eCourse in Basic Dermatology May-Aug 2023

Programs	Duration	Offered at	Affiliations
PhD in Public Health	Min. 3 years	IIPH-Gandhinagar	IIPH-Gandhinagar, Gujarat (A University established under the IIPHG Act 2015 of Gujarat State)
PhD in Hospital Administration	Min. 3 years		
Master of Public Health (MPH)	2 years		
Master of Hospital Administration (MHA)	2 years		
Master of Science- Public Health Nutrition (M.Sc. PHN)	2 years		
Master of Public Health (MPH)	2 years	IIPH-Hyderabad	Kaloji Narayana Rao University of Health Sciences, Telangana
PhD in Sciences	Min. 3 years	IIPH-Delhi	Academy of Scientific & Innovative Research (AcSIR), An Institute of National Importance established by an act of Parliament
Integrated M.Sc. (Clinical Research) & PhD	2 years for M.Sc and min. 3 years for PhD		
Master of Public Health (MPH)	2 years		
Master of Public Health (MPH)	2 years	IIPH-Bhubaneswar	Utkal University, Odisha
Bachelor of Science in Public Health (B.Sc. PH)	3 years	IIPH-Shillong	Martin Luther Christian University
Master of Science in Health Economics and Technology Assessment (M.Sc. HETA)	2 years		
Master of Public Health (MPH)	2 years		
Post Graduate Diploma in Public Health Management (PGDPHM)	1 year	IIPH-Gandhinagar, IIPH-Hyderabad, IIPH-Delhi, IIPH- Bhubaneswar and IIPH-Bengaluru	Supported under National Health Mission (NHM), MoHFW, Govt of India

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