



## Indian Institute of Public Health – Delhi

### Public Health Foundation of India

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# Workshop Series 2022- 23

## Online workshop on “Approaches for Implementing Adolescent Health Programs”

### March 21 – 23, 2023

Last date of registration: 7<sup>th</sup> March 2022

Course Coordinator: **Dr. Jyoti Sharma**, Additional Professor, Indian Institute of Public Health-Delhi

Registration form: <http://tof.phfi.org/>

#### About the course

Adolescence is a critical phase of life in which an individual undergoes physical, cognitive and emotional changes. One fifth of the Indian population comprises of adolescents, a significant population whose health status is a key determinant of the country's overall development. This group has specific health issues and needs which calls for concerted attention and action. Planning and implementation of health programs for adolescents require adoption of specific approaches to encourage involvement of adolescents in the programs, to understand their issues and to enable them adopt healthy lifestyle and practices. The training workshop will strengthen the competency (knowledge and skills) of participants in applying various approaches while planning and implementing adolescent health programs.

#### Contents

The training will focus on building skills in use of different program approaches laying emphasis on:

- Identifying health issues related to adolescents
- Rights based approach
- Peer education approach
- Counselling
- Life-skills education
- Nutrition and health education
- Behaviour Change Communication program - monitoring & supportive supervision

#### About the Faculty

Dr. Jyoti Sharma is the key resource faculty for this workshop. She is a full-time faculty at the institute with formal training in Food Science and Nutrition and Epidemiology. She has around 22 years of experience in the field of Nutrition and public health research. Dr. Jyoti is involved in academic programs at the institute and has the experience of having conducted several workshop for health professionals of diverse background.

#### Who should attend?

This workshop is suitable for RSKS Program Implementers at state and district level, NGOs implementing Adolescent Health Programs, Program implementers at state and district level, School teachers, Counsellors in schools, researchers engaged in the domain of public health, academicians intending to teach adolescent health program implementation.

#### How to Apply?

Interested participants may [Apply Online](#) and submit online registration form or write to email at [trainings@iiphd.org](mailto:trainings@iiphd.org). The fee will be submitted by E-transfer, the **bank details for E-transfer will be shared upon applying for the workshop**.

#### Registration Fee

**Indian National:** 3900 INR per participant

**Foreign National:** 7800 INR per participant

The registration fee includes the training material that will be shared by email.

**\*Note: We have limited seats available, registrations will be confirmed on first come first serve basis.**

**Disclaimer:** In case of cancellation of the workshop due to any unforeseen circumstances like natural calamities, any emergency situation at the institute, or any medical emergency of the workshop trainer, the full registration fee shall be refunded to the candidates. However, any other costs incurred by the participant shall not be borne by the institute.