



Indian Institute of Public Health – Delhi Public Health Foundation of India



Training Venue: Plot 47, Sector 44, Institutional area, Near HUDA City
Centre Metro Station, Gurugram-122002, Haryana, India
Key contact person: **Ms. Tanuja Bhandari**, Manager – Training Programs
Email: trainings@iiphd.org Ph: +91 124 4722900 (Extn. 4110)

Workshop Series 2022- 23

Nutritional Management of Severe Acute Malnutrition (SAM): A capacity building workshop Nov 21 - 25, 2022

Last date of registration: 7th November 2022

Course Director: Prof. Sanjay Zodpey, Director, Indian Institute of Public Health-Delhi
Course Coordinator: **Dr. Suparna Ghosh-Jerath, Professor and Head, Community Nutrition**

[Link to registration form:](#)

About the course

India currently has one of the highest malnutrition rates in the world. According to National Family Health Survey (NFHS)-5, India has made little progress towards achieving the target for reducing child malnutrition, with some states reporting a higher prevalence as compared to NFHS-4. The rate of wasting, stunting and underweight among children under 5 years of age (U-5 children) in India remains high at 19.3%, 35.5% and 32.1% respectively. These figures are higher than the prevalence of wasting (8.2%) and stunting (27.4%) in South-east Asia region. Despite promising economic growth and a plethora of nutrition interventions, malnutrition was the predominant risk factor for death in U-5 children in every state of India in 2017, accounting for 68-2% of the total under-5 deaths. In order to address this nutrition crisis, initiatives like POSHAN Abhiyaan by the Prime Minister of India are symbolic and reflect commitments and prioritisation given to elimination of malnutrition from the country at the highest levels of policy making. The workshop on “Nutritional Management of Children with Severe Acute Malnutrition (SAM)” aims to enable the participants develop technical competencies in nutrition service delivery targeted towards children with undernutrition at the facility as well as the community level. The workshop intends to focus on core principles of paediatric nutrition with sessions on infant and young child feeding practices, growth monitoring and promotion and specific technical skill development sessions on community and facility based management of children with SAM. A session on principles of behaviour change communication for providing effective nutrition education to the caregivers of SAM children after discharge from the program and prevention of SAM is also a key highlight of this workshop.

Contents

- General principles of child nutrition and nutritional requirements in infancy and childhood.
- Infant and Young Child Feeding (IYCF) practices
- Principles of Behaviour Change Communication (BCC)
- Nutrition education and counselling
- Assessment of nutritional status, growth monitoring and promotion, hands-on session on growth monitoring
- Child under nutrition: screening, detection and referral
- Facility based management of severe acute malnutrition
- Community based management of severe acute malnutrition
- Applying principles of nutrition education and BCC for planning counselling sessions, follow up and compliance

About the Faculty

The workshop will be led by Dr. Suparna Ghosh-Jerath who is a nutritionist and works actively in the area of maternal and child health nutrition. She is actively involved in teaching public health nutrition at IIPH-Delhi and conducting research in the core area of maternal and child health nutrition among vulnerable communities like urban slum dwellers and tribal communities. She also works in the area of food and nutrition policies for the prevention of chronic diseases in India. The other visiting faculties include pediatric nutritionists, pediatricians, and experts in nutritional biochemistry, who are engaged in training and providing nutritional care to undernourished children, and health communication experts.

Who should attend?

This workshop is recommended for

- Functionaries at the NRCs, MTCs, and CDCs including pediatricians, ANMs, and nutrition counsellors
- Program functionaries of ICDS
- Nutrition educators, general pediatricians, and dietitians

How to Apply?

Interested participants may write to email at trainings@iiphd.org and submit the fee by E-transfer **Bank details for E-transfer will be shared upon applying for the workshop, we do not accept cash.**

Registration Fee

Indian National: 10000 INR per participant

Foreign National: 20000 INR per participant

The registration fee includes course kit, lunch and tea/coffee with snacks. Boarding and Lodging expenses to be **arranged and borne** by the participants. However, the organizers will be able to provide a list of hotels/ guest houses nearby the institute upon request.

***Note: We have limited seats available, admissions to be confirmed on first come first serve basis.**