

## Workshop Series 2019 – 20

### Nutritional Management of Severe Acute Malnutrition (SAM):

#### A capacity building workshop

August 26 -30, 2019

(Last date of registration: August 12, 2019)

Course Director: **Prof. Sanjay Zodpey, Director**

Course Coordinator: **Dr. Suparna Ghosh-Jerath, Additional Professor**



#### Training Venue:

Indian Institute of Public Health- Delhi

Public Health Foundation of India

Plot 47, Sector 44, Institutional area, Near HUDA City Centre metro station, Gurgaon-122002, Haryana, India

#### Key Contact person:

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#### About the workshop

India currently has one of the highest malnutrition rates in the world. More than half of all death in children in India is attributed to malnutrition. In order to address this “not so silent” emergency, nutrition has received renewed attention by all stakeholders of the country particularly at the highest level of policy making. The workshop on “Nutritional Management of Children with Severe Acute Malnutrition (SAM)” aims at enabling the participants develop technical competencies in nutrition service delivery targeted towards children with undernutrition at the facility as well as the community level. The workshop will focus on core principles of pediatric nutrition with key focus on infant and young child feeding practices, growth monitoring and promotion, community and facility based management of children with SAM and principles of behaviour change communication in providing effective nutrition education to the care givers for long term management.

#### Registration Fee

**Indian National:** 10000 INR per participant

**Foreign National:** 20000 INR per participant

The registration fee includes course kit, lunch and snacks. Please note that the participants will have to bear their own travel, boarding and lodging expenses. However, the organizers will be able to provide a list of hotels or guest houses nearby the institute upon request. The registrations will be confirmed first come first serve basis

#### Who should attend?

This workshop is recommended for

- functionaries at the NRCs, MTCs and CDCs including pediatricians, ANMs and nutrition counselors
- program functionaries of ICDS
- nutrition educators, general pediatricians and dietitians

#### Contents

- General principles of child nutrition and nutritional requirements in infancy and childhood.
- Infant and Young Child Feeding (IYCF) practices
- Principles of Behaviour Change Communication (BCC)
- Nutrition education and counselling
- Assessment of nutritional status, growth monitoring and promotion, hands-on session on growth monitoring
- Child undernutrition: screening, detection and referral
- Facility based management of severe acute malnutrition
- Community based management of severe acute malnutrition
- Applying principles of nutrition education and BCC for planning counselling sessions, follow up and compliance

#### About the faculty

The workshop will be led by Dr. Suparna Ghosh-Jerath who is nutritionist and works actively in the area of maternal and child health nutrition. She is actively involved in teaching public health nutrition at IIPH-Delhi and conducting research in core area of maternal and child health nutrition among the vulnerable communities like urban slum dwellers and tribal communities. She also works in the area of food and nutrition policies for prevention of chronic diseases in India.

The other visiting faculties include pediatric nutritionists, pediatricians and experts in nutritional biochemistry, who are engaged in training and providing nutritional care to undernourished children and health communication experts.

#### How to apply?

Interested participants may email their completed registration form at [trainings@iiphd.org](mailto:trainings@iiphd.org) and submit the fee by E-transfer or by Demand Draft in favor of “Public Health Foundation of India” payable Delhi and dispatch to the key contact person. **Bank details for E-transfer will be shared upon request. We do not accept cash.**

**International participants are requested to submit the fee only by E-transfer.**

The seats are limited therefore, registrations will be confirmed first come first serve basis