

# Psychological Counselling in Health Settings

April 30 – May 3, 2019

(Last date of registration: April 16, 2019)



Course Director: **Prof. Sanjay Zodpey, Director**

Course Coordinator: **Dr. Rajesh Nair, Additional Professor**

## Training Venue:

Indian Institute of Public Health- Delhi

Public Health Foundation of India

Plot 47, Sector 44, Institutional area, Near HUDA City Centre Metro Station, Gurgaon-122002, Haryana, India

## Key Contact Person:

**Ms. Tanuja Bhandari**, Assistant Manager – Program (Trainings)

Email: [trainings@iiphd.org](mailto:trainings@iiphd.org), Ph: +91 124 4722900 (Extn. 4110)

## About the workshop

Evidences suggest psychological counselling effectively reduces morbidity outcomes related to behavioural, physical and mental health. Psychological counselling has emerged as one of the key preventive and promotive health interventions in facilitating behaviour change, development of health seeking behaviour, adherence to treatment and care etc. The focus of training is to improve technical capacity of participants in providing psychological counselling to their clients in different health settings. Exercises related to effective counselling supervision will also be carried out.

## Registration Fee

**Indian National:** 8000 INR per participant

**Foreign National:** 16000 INR per participant

The registration fee includes course kit, lunch and snacks. Please note that the participants will bear their own travel, boarding and lodging expenses. However, upon request the organizers will be able to provide a list of hotels or guesthouses nearby the institute.

## About the faculty

Dr. Rajesh Nair, Additional Professor, IIPH-Delhi is the Course coordinator of proposed training program. The training will be lead by the faculty members at IIPH-Delhi having wide range of training and experiences of working in Public health practice, Development sector, Health Communication, Program Management etc. Strong multidisciplinary team of faculty representing various public health disciplines will cover important technical details of Operations Research and enrich the training.

## Contents

- Basics of psychological counselling, Principles of counselling, Process and stages of counselling, Factors that can influence counselling session
- Practical considerations in counselling skills. Role plays and case studies on counselling
- Skills for effective counselling supervision, functions, methods and ethical consideration
- Thematic areas to be addressed in training- Maternal and Newborn healthcare, Adolescent health, Reproductive Health, HIV/ AIDS & STIs, and Tuberculosis

## Who should attend?

This workshop is ideal for the clinical and public health researchers, medical writers, counsellors, social workers, NGO functionaries, professionals working in CSR organizations, social scientists, research scholars and students who are working in the areas of public health, clinical care and support, development sector etc.

## How to apply?

Interested participants may email their completed registration form at [trainings@iiphd.org](mailto:trainings@iiphd.org) and submit the fee by E-transfer **or** by Demand Draft in favor of “Public Health Foundation of India” payable Delhi and dispatch to the key contact person. **Bank details for E-transfer will be shared upon request. We do not accept cash.**

**International participants** are requested to submit the fee **only by E-transfer.**

The seats are limited therefore, registrations will be confirmed first come first serve basis.