

Workshop Series 2018 – 19

Approaches for Implementing Adolescent Health Programs

Feb 26 – Mar 1, 2019

(Last date of registration: Feb 12, 2019)

Course Director: **Prof. Sanjay Zodpey, Director**

Course Coordinator: **Dr. Jyoti Sharma, Associate Professor**



Training Venue:

Indian Institute of Public Health- Delhi
Public Health Foundation of India

Plot 47, Sector 44, Institutional area, Near HUDA City Centre metro station, Gurgaon-122002, Haryana, India

Key Contact person:

Ms Tanuja Bhandari, Assistant Manager – Program (Trainings)

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About the workshop

Adolescence is a critical phase of life in which an individual undergoes physical, cognitive and emotional changes. One fifth of the Indian population comprises of adolescents, a significant population whose health status is a key determinant of the country's overall development. This group has specific health issues and needs which calls for concerted attention and action. Planning and implementation of health programs for adolescents require adoption of specific approaches to encourage involvement of adolescents in the programs, to understand their issues and to enable them adopt healthy lifestyle and practices. The training workshop will strengthen the competency (knowledge and skills) of participants in applying various approaches while planning and implementing adolescent health programs.

Registration Fee

Indian National: 8000 INR per participant

Foreign National: 16000 INR per participant

The registration fee includes course kit, lunch and snacks. Please note that the participants will have to bear their own travel, boarding and lodging expenses. However, the organizers will be able to provide a list of hotels or guest houses nearby the institute upon request.

Who should attend?

This workshop is suitable for RKSK Program Implementers at state and district level, NGOs implementing Adolescent Health Programs, Program implementers at state and district level, School teachers, Counsellors in schools, researchers engaged in the domain of public health, academicians intending to teach adolescent health program implementation.

Contents

The training will focus on building skills in use of different program approaches laying emphasis on:

- Identifying health issues related to adolescents
- Rights based approach
- Peer education approach
- Counselling
- Life-skills education
- Nutrition and health education
- Behaviour Change Communication
- program - monitoring & supportive supervision

About the faculty

Dr. Jyoti Sharma is the key resource faculty for this workshop. She is a full-time faculty at the institute with formal training in Food Science and Nutrition and Epidemiology. She has around 18 years of experience in the field of Nutrition and public health research. Dr. Jyoti is involved in academic programs at the institute and has the experience of having conducted several workshop for health professionals of diverse background.

How to apply?

Interested participants may email their completed registration form at trainings@iiphd.org and submit the fee by E-transfer **or** by Demand Draft in favor of "Public Health Foundation of India" payable Delhi and dispatch to the key contact person. **Bank details for E-transfer will be shared upon request. We do not accept cash.**

International participants are requested to submit the fee **only by E-transfer**.